



Fryern Dental Practice

Winter 2015

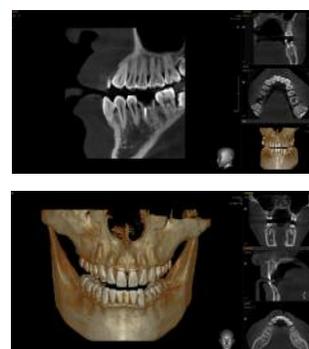
WE NOW HAVE A STATE-OF-THE-ART DENTAL CT SCANNER IN HOUSE.

To plan and place implants successfully, it is essential to have a three dimensional view of the area where we wish to place them. Traditionally x-rays only allow a two dimensional view of the proposed implant site and so there is always an area of doubt about possibility or feasibility. With our dental scanner, we can produce an exact, one for one, three dimensional image. This allows us to know exactly what is, or more importantly, what is not possible before any surgery is carried out, as well as the exact location of key anatomical structures such as nerves and the sinuses.

We can plan all cases with the greatest accuracy possible and produce a report for our patients outlining exactly what is to be done and what costs are involved.



8×8 images enable comprehensive diagnosis and treatment planning including both maxillary and mandibular areas in a single scan. It is useful for complex implant surgery as well as left or right TMJ diagnosis.



BOOKING ONLINE

We know life can be busy and booking your next routine appointment sometimes is not always be the top of your list and keeps crawling to the bottom. If only we were open 24 hours a day !!



At Fryern, we have introduced a way to make life easier for you - you can now book your next routine appointment online at your convenience!!

How does it work you ask?

- o If you have not booked your next routine Examination or Hygienist appointment, we automatically will send you a reminder via SMS or e-mail a month before it is due.
- o To book just follow the link sent and book your appointment convenient to you.
- o It is as easy as that and now you can cross it off your to do list !!

If we do not have your mobile number or e-mail address, please give Reception your details.

This facility has been in place since 2013 and has proved to be a great success to date

Tel: 023 8026 2607

Fryern Dental Practice
Fryern Arcade, 119a Winchester Road,
Chandlers Ford, Hants, SO53 2DR
www.fryerndental.co.uk



WHY IS A HEALTHY DIET IMPORTANT FOR MY ORAL HEALTH?

Every time you eat or drink anything sugary, your teeth are under acid attack for up to one hour. This is because the sugar will react with the bacteria in plaque (the sticky coating on your teeth) and produce harmful acids. So it is important to cut down on how often you have sugary foods, which will limit the amount of time your teeth are at risk.



Acidic foods and drinks can be just as harmful to your teeth. The acid wears away the enamel, and will leave the dentine uncovered. This is called 'dental erosion', and makes your teeth sensitive and less attractive.

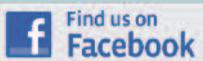
A diet that is rich in vitamins, minerals, and fresh fruit and vegetables can help to prevent gum disease. Gum disease can lead to tooth loss and cause bad breath. For more guidance regarding a healthy diet visit our patient information page on our website www.fryern.dental.co.uk



WEBSITE

Our new website is up and running and contains all the information you might need.

www.fryerndental.co.uk



WINTER OFFER

Have something to smile about this winter.

Get that smile you have always wanted with our Teeth Whitening Treatment

ONLY £350.00

Book your free consultation at reception today on 02380 262607



STAFF NEWS

Heather had been with the practice for 7 years as our Hygienist, however, she decided to retire last year, we would like to wish Heather all the best in her retirement.

Which brings us nicely on to welcoming Savka, Savka qualified as a Dental Hygienist and graduated from Cardiff Dental School in 1993 with a Diploma in Dental Health (DDH). Savka joined the practice last year.

Welcome to Verity, Verity joined us In August 2014, as Dental Nurse with Steve Monday - Wednesday. She has a National Certificate (NEBDN) in Dental Nursing. You may also see Verity on reception during a Thursday and Nursing with Sean on Friday during his Implant clinic

Welcome back Ellie, Ellie retired from the practice in 2009, and after a few years off, she is now back working on a Monday on reception.

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